

1. Title	Perform bust treatment
2. Code	BEZZBO307A
3. Range	Master massage techniques and perform bust massage treatments for customers at beauty salons and locations providing body treatments according to practice guidelines of the organization.
4. Level	3
5. Credit	6 (for reference only)
6. Competency	<p style="text-align: center;"><u>Performance Requirements</u></p> <p>6.1 Understand the structure of bust, its massage methods and techniques</p> <ul style="list-style-type: none"> ◆ Understand the structure and tissue functions of bust <ul style="list-style-type: none"> • Thymus tissue • Fibrous tissue • Adipose tissue ◆ Understand the structure and functions of other pectoral systems <ul style="list-style-type: none"> • Lymphatic system • Circulation system • Nervous system • Endocrine system ◆ Understand the causes of sagging breasts <ul style="list-style-type: none"> • Overweight • Medicinal effect e.g. contraceptive pills • Wrong posture • Pregnancy and lactation • Entering middle age ◆ Understand the methods of improving and dealing with sagging breasts <ul style="list-style-type: none"> • Using instruments such as vacuum suction cups, etc. • Bust exercises such as stretching exercise, etc. ◆ Understand the functions and techniques for bust massage e.g. acupoints ◆ Understand contraindications of bust massage, such as: pregnancy, breast cancer, previous chest surgeries, heart disease, skin diseases, epilepsy, etc. ◆ Understand the ingredients and functions of various types of bust care products, including bust enhancing, firming, moisturizing, etc.

	<p>6.2 Perform bust treatment</p> <ul style="list-style-type: none"> ◆ Make preparations for the massage, including: <ul style="list-style-type: none"> • Analyzing customers' bust condition and advising suitable bust massage treatment • Sterilizing the instruments, tools and hands • Explaining the treatment procedures to the customers ◆ Master the correct steps, procedures and expertise of bust massage and perform the massage for the customers ◆ Master the methods and techniques of using bust massage instruments ◆ Use bust care products correctly to facilitate the massage ◆ Observe adverse effects on the customers in the process of treatment, and take remedial actions immediately
7. Assessment Criteria	<p>The integrated outcome requirements of this unit of competency are:</p> <ul style="list-style-type: none"> (i) Capable to master the bust massage methods and techniques; and (ii) Capable to apply the massage techniques to perform bust treatment to suit customers' bust condition and needs according to practice guidelines of the organization and the code of practice for personal and working hygiene.
8. Remarks	