

1. Title	Perform various types of slimming treatments
2. Code	BEZZBO303A
3. Range	Understand the principles and effects of various types of slimming treatments at beauty salons or workplaces engaged in body treatments, and recommend appropriate slimming treatments to customers according to their physical conditions and needs.
4. Level	3
5. Credit	6 (for reference only)
6. Competency	<p style="text-align: center;"><u>Performance Requirements</u></p> <p>6.1 Basic knowledge of the structure of human body and various types of slimming treatments</p> <ul style="list-style-type: none"> ◆ Understand the basic structure and functions of human body <ul style="list-style-type: none"> • Skeletal system • Muscle system • Nervous system • Circulation system • Skin structure • Respiratory system • Digestive system • Urinary system • Endocrine system ◆ Possess the basic knowledge of body shapes, such as: <ul style="list-style-type: none"> • Three basic body types • Common, undesirable body shapes and their causes ◆ Possess the basic knowledge of various types of slimming instruments, such as: <ul style="list-style-type: none"> • Various types of heat therapies and their effects • Operating principles and functions of various types of slimming instruments ◆ Understand the types and effects of slimming treatments <ul style="list-style-type: none"> • Overall slimming treatment • Specific slimming treatment • Post-natal slimming treatment ◆ Understand the contraindications of various types of slimming treatments and relevant safety measures <p>6.2 Perform slimming treatments</p> <ul style="list-style-type: none"> ◆ Make preparations for the treatment, such as: <ul style="list-style-type: none"> • Cleaning the tools and hands • Consulting customers and perform body shape analysis before treatment • Explaining the treatment process and effects to customers ◆ Select appropriate slimming treatments for customers according to body shape analysis

	<ul style="list-style-type: none"> ◆ Master the techniques of various types of slimming treatments and perform treatments for customers, including: <ul style="list-style-type: none"> • Operation of slimming instruments • Application of treatment procedures and techniques • Application and effects of products ◆ Observe adverse effects in the process of slimming treatment and take remedial actions immediately
7. Assessment Criteria	<p>The integrated outcome requirements of this unit of competency are:</p> <ul style="list-style-type: none"> (i) Capable to understand the operating principles, effects and contraindications of various types of slimming instruments and relevant safety measures; (ii) Capable to consult customers and perform body shape analysis properly, and select appropriate slimming treatments for customers according to their body shape conditions; and (iii) Capable to master the techniques of various types of slimming treatments and perform appropriate treatments for customers.
8. Remarks	