

1. Title	Carry out general body treatments
2. Code	BEZZBO203A
3. Range	Master general body treatment knowledge and provide body treatments to customers in routine working environment of beauty salons and places providing body treatments.
4. Level	2
5. Credit	6 (for reference only)
6. Competency	<p style="text-align: center;"><u>Performance Requirements</u></p> <p>6.1 Understand general body treatments</p> <ul style="list-style-type: none"> <li>◆ Understand general body treatment methods such as: <ul style="list-style-type: none"> <li>• Deep cleansing and exfoliating methods, effects and contraindications</li> <li>• Various mask applying methods, their effects and contraindications</li> <li>• Various hot treatment methods, their effects and physical impact and contraindications</li> <li>• Various body wrap methods, their effects and contraindications</li> <li>• Various massage methods, their effects, contraindications and applications</li> </ul> </li> <li>◆ Understand body treatment procedures</li> <li>◆ Understand the important points for carrying out body treatments</li> </ul> <p>6.2 Carry out general body treatments</p> <ul style="list-style-type: none"> <li>◆ Master various body treatment techniques and provide suitable body treatments to meet the customers' physical condition and treatment needs such as: <ul style="list-style-type: none"> <li>• Cleansing of the body</li> <li>• Body mask</li> <li>• Body wrap treatment</li> <li>• Massage</li> </ul> </li> <li>◆ Adapt correct massage methods to suit different parts of the body and physical features of the customers e.g. neck, chest, shoulders, abdomen, back, hips, legs</li> <li>◆ Observe adverse effects in the process of treatment and take remedial actions according to established procedures</li> <li>◆ Explain the post-treatment concerns and give aftercare advice to the customers</li> </ul>

7. Assessment Criteria	<p>The integrated outcome requirements of this unit of competency are:</p> <ul style="list-style-type: none"><li data-bbox="386 264 1487 353">(i) Capable to master various body treatment techniques, their effects and contraindications; and</li><li data-bbox="386 362 1487 479">(ii) Capable to select correct and effective treatment methods to provide body treatments according to the code of practice for personal and working hygiene to suit customers' physical conditions and needs.</li></ul>
8. Remarks	