

1. Title	Correctly measure body shapes
2. Code	BEZZBO102A
3. Range	Master the techniques of body shape measurement before and after treatments, and use measuring equipment correctly to measure body shapes of customers in beauty salons and body treatment locations.
4. Level	1
5. Credit	3 (for reference only)
6. Competency	<p style="text-align: center;"><u>Performance Requirements</u></p> <p>6.1 Know about characteristics of human body shapes and measuring techniques</p> <ul style="list-style-type: none"> <li>◆ Know about the basic structure of human body</li> <li>◆ Know about the structures and characteristics of different body shapes</li> <li>◆ Know about common body problems possibly caused by incorrect postures e.g. humpback, lordosis, spinal curvature lordosis, kyphosis and scoliosis</li> <li>◆ Know about the techniques of measuring different parts of the body before and after treatments e.g. measurement of height, weight, arm, chest, waist, hip, thigh and lower leg</li> </ul> <p>6.2 Correctly measure body shapes</p> <ul style="list-style-type: none"> <li>◆ Master the characteristics of different body shapes and correctly measure the positions</li> <li>◆ Use suitable instruments to measure customers' body shapes, and file the records</li> </ul>
7. Assessment Criteria	<p>The integrated outcome requirements of this unit of competency are:</p> <p>(i) Capable to master the characteristics of different body shapes and their measuring techniques; and</p> <p>(ii) Capable to use measuring instruments correctly to measure body shapes of customers and put the information on record cards.</p>
8. Remarks	