

1. Title	Carry out general facial massage treatments
2. Code	BEZZBC202A
3. Range	Master general facial massage techniques and provide such treatments in beauty salons and places providing facial treatments to meet customers' needs.
4. Level	2
5. Credit	3 (for reference only)
6. Competency	<p style="text-align: center;"><u>Performance Requirements</u></p> <p>6.1 Understand general facial massage</p> <ul style="list-style-type: none"> ◆ Understand the structures and positions of face muscles and bones ◆ Know about the structure and functions of skin ◆ Understand the benefits, procedures and techniques of different massage methods e.g. petrissage, effleurage, tapotement, vibration and friction ◆ Understand the benefits of and contraindications for massage treatment <p>6.2 Carry out general facial massage treatments</p> <ul style="list-style-type: none"> ◆ Make preparations for the massage such as: <ul style="list-style-type: none"> • Preparing the treatment room and materials • Sterilizing the tools and hands • Covering the customers • Explaining the treatment procedures to the customers • Asking about the physical condition of the customers ◆ Master the steps and techniques for different massage methods; adjust massage strength and speed to suit customers' physical features, age and muscle condition ◆ Employ facial massage techniques to carry out the treatment according to the positions of customers' face bones and muscles, ensuring that the massage movements are gentle, steady and rhythmic ◆ Observe adverse effects on the customers during the process of massage such as feeling faint or nauseous, etc., and take remedial actions according to the established procedures
7. Assessment Criteria	<p>The integrated outcome requirements of this unit of competency are:</p> <p>(i) Capable to master general facial massage effects, techniques and contraindications; and</p> <p>(ii) Capable to employ massage techniques and select suitable massage products to carry out general facial massage treatments according to the skin type and condition of the customers.</p>
8. Remarks	