

1. Title	Know about basic massage for face, shoulders and neck
2. Code	BEZZBC101A
3. Range	Know about basic techniques, effects and contraindications of face, shoulder and neck massage; and assist the therapist with such treatment according to the instructions in beauty salons and locations providing relevant treatments.
4. Level	1
5. Credit	6 (for reference only)
6. Competency	<p style="text-align: center;"><u>Performance Requirements</u></p> <p>6.1 Basic knowledge of face, shoulder and neck massage</p> <ul style="list-style-type: none"> <li>◆ Know about the structures and positions of face, shoulder and neck muscles</li> <li>◆ Know about the principles, techniques and range of application of face, shoulder and neck massage</li> <li>◆ Know about the effects of and contraindications for massage</li> <li>◆ Know about how massage affects the human body</li> </ul> <p>6.2 Apply basic knowledge of face, shoulder and neck massage</p> <ul style="list-style-type: none"> <li>◆ Make preparations for the treatment, ensure the environment is comfortable for the customers</li> <li>◆ Apply face, shoulder and neck massage techniques and assist the therapist with basic massage for face, shoulders and neck according to the instructions</li> <li>◆ Introduce massage products to meet customer needs</li> </ul>
7. Assessment Criteria	<p>The integrated outcome requirements of this unit of competency are:</p> <p>(i) Capable to know about basic techniques, effects and contraindications of face, shoulder and neck massage; and</p> <p>(ii) Capable to assist the therapist with basic face, shoulder and neck massage according to the instructions.</p>
8. Remarks	