

**Specification of Competency Standards**  
**for the Beauty and Hairdressing Industry**  
**Unit of Competency**

Unit of Competency is applicable across different functional areas

Title	Performing radiofrequency treatment to improve skin conditions (rejuvenation, lifting, tightening and slimming)
Code	110409L4
Range	Master the basic operation of radiofrequency to induce skin rejuvenation, lifting, tightening and slimming, so as to achieve the effect of improving skin conditions at beauty-related workplaces and under related equipment usage control classification recommendations.
Level	4
Credit	6 (For Reference Only)
Competency	<p>Performance Requirements</p> <p>1. Understand and master the operation principle of radiofrequency treatment and related treatment skills</p> <ul style="list-style-type: none"> <li>• Understand and use different types of radiofrequency equipment, such as: unipolar, bipolar, multipolar, face and body, non-contact RF and RF micro-needle, etc.</li> <li>• Achieve related effects through the operation of radiofrequency, such as: lifting, tightening (such as improving eye socket skin sagging), skin rejuvenation, slimming, etc.</li> <li>• Understand different effects of radiofrequency treatment on skin and body tissues, such as: tightening collagen, minimally invasive activation of collagen proliferation, horizontal tightening of the skin, vertical tightening and lifting, tightening of tissues surrounding fat, and stimulation of lymphatic drainage, etc.</li> <li>• Understand and apply radiofrequency treatment and its related synergistic treatments, such as the application and introduction of skincare products</li> </ul> <p>2. Understand and apply the basic skills of radiofrequency treatment</p> <ul style="list-style-type: none"> <li>• Preparation for treatment <ul style="list-style-type: none"> <li>○ Carry out safety tests for the equipment in accordance with the radiofrequency equipment regulations and the safety guidelines provided by the supplier</li> <li>○ Perform relevant pre-care preparations in accordance with health guidelines</li> <li>○ Pre-treatment skin care regimen</li> <li>○ Evaluate the customer's situation before the treatment, such as taboos and risks</li> <li>○ Explain to the customer about the risks involved in the radiofrequency treatment and sign the agreement with the customer to protect the rights and interests of both parties</li> <li>○ Photo record</li> <li>○ Skin cleansing and disinfection</li> <li>○ Pain management, such as using over-the-counter painkillers</li> </ul> </li> <li>• Operation skills <ul style="list-style-type: none"> <li>○ Operation of radiofrequency equipment, including but not limited to the following examples: <ul style="list-style-type: none"> <li>▪ Unipolar can reach the effect of rejuvenation</li> <li>▪ Combine high and low frequency monopolar and multipolar radiofrequency to achieve partial tightening and slimming lifting effects, and to improve facial sagging</li> <li>▪ Low-frequency and deep monopolar radiofrequency effectively relieves oedema-type obesity, reduces subcutaneous fat cells, and combines high-frequency and shallow monopolar radiofrequency or multipolar radiofrequency to achieve tightening and slimming effects</li> <li>▪ Non-contact radiofrequency can achieve the effect of reducing fat</li> </ul> </li> </ul> </li> </ul>

**Specification of Competency Standards**  
**for the Beauty and Hairdressing Industry**  
**Unit of Competency**

Unit of Competency is applicable across different functional areas

	<ul style="list-style-type: none"> <li>○ Understand that there are different thicknesses of skin and different degrees of heat resistance at different locations, and follow the manufacturer's guidelines to adjust and control the output depth of the radiofrequency equipment correctly, and apply it to different locations and thicknesses of skin <ul style="list-style-type: none"> <li>▪ Skin rejuvenation and lifting: the depth of radiofrequency heating is generally shallower</li> <li>▪ Tightening and slimming: the depth of radiofrequency heating is generally deeper</li> <li>▪ The time is generally no more than 5 minutes, depending on the size of the application, and the skin and physical condition of the customer</li> <li>▪ Evaluate heating depth, time and observe the effectiveness of treatment</li> </ul> </li> <li>○ Understand the importance of recording equipment settings and the effectiveness of related treatments, and capable to use the recording equipment settings correctly to record the effectiveness of treatments</li> <li>○ Completely contraindicated: all wound positions, the customer with a pacemaker, and the face with metal implants</li> <li>○ Follow safety guidelines and seek assistance from medical staff when necessary</li> <li>● Skincare after treatment <ul style="list-style-type: none"> <li>○ Understand and master the use of proper skincare products</li> <li>○ Understand and explain to customers about how to protect the skin after receiving radiofrequency treatment and the progress of its effectiveness</li> </ul> </li> </ul>
Assessment Criteria	<p>The integrated outcome requirements of this unit of competency are:</p> <ul style="list-style-type: none"> <li>● Capable to master the preparation, operation skills and post-treatment care of radiofrequency treatment; and</li> <li>● Capable to understand and master the operation principles and related skills of radiofrequency equipment; capable to operate radiofrequency equipment correctly in accordance with relevant laws and safety guidelines; know about how to adopt emergency response measures; evaluate the status of the customers who may be required to be referred to medical staff for further processing and treatment; capable to provide medical staff with service records and customer status.</li> </ul>
Remark	<p>To master this unit of competency, you must have the competence of the following units:</p> <ul style="list-style-type: none"> <li>● 106898L1 [ Understanding skin structure and common problems]</li> <li>● BEZZCN109A [Understanding basic human structure body and physiological system]</li> <li>● BEZZCN210A [Identifying various skin types and how to care for different skin types]</li> <li>● 110394L3 [Operating and maintaining various types of beauty equipment]</li> <li>● 110406L3 [Mastering the basic knowledge of radiofrequency treatment]</li> <li>● 110407L4 [Mastering the principles and instrument functionality of radiofrequency (advanced theory)]</li> <li>● 110408L4 [Mastering the risks and precautions of radiofrequency treatment]</li> <li>● 110390L3 [Understanding the mechanism of using aesthetic products with common aesthetic treatments]</li> </ul>