

**Specification of Competency Standards**  
**for the Beauty and Hairdressing Industry**  
**Unit of Competency**

Unit of Competency is applicable across different functional areas

Title	Operating and maintaining various types of body care equipment
Code	110393L3
Range	Operate and maintain various types of body care equipment properly at beauty-related workplaces according to manufacturer guidelines.
Level	3
Credit	3 (For Reference Only)
Competency	<p>Performance Requirements</p> <p>1. Understand the knowledge of body care equipment</p> <ul style="list-style-type: none"> <li>• Understand the types and functions of body care products used together with various types of body care equipment</li> <li>• Understand various types of body treatments applying body care equipment, and their effects</li> <li>• Understand routine cleaning and maintenance methods and procedures for various types of body care equipment</li> <li>• Understand the impact of various types of body care equipment on different parts of the human body and their relationships, such as skin, fat tissues and lymphatic system etc.</li> </ul> <p>2. Operate and maintain various types of body care equipment to perform body treatments</p> <ul style="list-style-type: none"> <li>• Operate the selected body care equipment properly to perform body treatments on the customers according to customers' needs, the agreed treatment plan and manufacturer guidelines</li> <li>• Master the operation methods, procedures and constraints for different facial equipment, such as: <ul style="list-style-type: none"> <li>○ Gyrotory vibratory unit/vibratory unit <ul style="list-style-type: none"> <li>▪ Operate horizontally and vertically</li> <li>▪ Change connection heads when needed</li> </ul> </li> <li>○ Ultrasonic vibratory unit <ul style="list-style-type: none"> <li>▪ Move in strokes and circular effleurage</li> <li>▪ Adjust the time and vibration frequency when necessary</li> </ul> </li> <li>○ Ultrasonic ion beauty instruments <ul style="list-style-type: none"> <li>▪ Position and time for placing positive and negative electrode</li> <li>▪ Product selection</li> </ul> </li> <li>○ Vacuum suction unit <ul style="list-style-type: none"> <li>▪ Suction power and moving speed and direction of the suction cups</li> </ul> </li> <li>○ Faradic equipment <ul style="list-style-type: none"> <li>▪ Form, position and time for placing electrode</li> <li>▪ Effect of muscle contraction</li> <li>▪ Strength of the electric current</li> </ul> </li> <li>○ Microcurrent <ul style="list-style-type: none"> <li>▪ Understand the indications and constraints for the operation</li> <li>▪ Understand the distribution of the muscle and lymphatic system and select the appropriate area for stimulation.</li> </ul> </li> <li>○ Frozen lipolysis <ul style="list-style-type: none"> <li>▪ Understand the indications and constraints for the operation</li> <li>▪ Know how to prevent frostbite and other side effects</li> <li>▪ Select the appropriate area for the placement of the device.</li> <li>▪ Understand the massage techniques after the treatment</li> </ul> </li> <li>○ Non-invasive low-energy laser lipolysis</li> </ul> </li> </ul>

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	<ul style="list-style-type: none"> <li>▪ Understand the indications and constraints for the operation</li> <li>▪ Understand how to prevent fat inflammation and other side effects</li> <li>▪ Select the appropriate area for the placement of the device.</li> <li>○ Plasma energy instrument <ul style="list-style-type: none"> <li>▪ Understand the energy principle of plasma and how to readjust normal cell membrane charge</li> </ul> </li> <li>• Understand the body care nursing method after the body procedures</li> <li>• Master routine sterile cleaning and maintenance methods and procedures for different body care equipment according to manufacturer guidelines, and perform regular check</li> </ul>
Assessment Criteria	<p>The integrated outcome requirements of this unit of competency are:</p> <ul style="list-style-type: none"> <li>• Capable to master the operation methods, routine cleaning and maintenance methods for various types of body care equipment; and</li> <li>• Capable to select and use body care equipment to perform body treatments according to manufacturer guidelines and the code of practice for safe use of electricity and for personal and working hygiene to suit customers' physical condition and needs.</li> </ul>
Remark	<p>The credit value of this unit of competency is set on the presumption that the learner already possesses the competency of 110392L2 "Using general body care equipment".</p>