

**Specification of Competency Standards**  
**for the Beauty and Hairdressing Industry**  
**Unit of Competency**

Unit of Competency is applicable across different functional areas

Title	Using general body care equipment
Code	110392L2
Range	Understand the operation methods and functions of general body care equipment at beauty-related workplaces according to the code of practice for safe use of electricity and for personal
Level	2
Credit	3 (For Reference Only)
Competency	<p>Performance Requirements</p> <p>1. Knowledge of general body care equipment and safe use of electricity</p> <ul style="list-style-type: none"> <li>• Understand basic electricity, such as current, electromagnetic wave, voltage and resistance etc.</li> <li>• Understand the sources of electrical hazards, such as defective sockets, cords and plugs, electrical appliances with incorrect wiring; water etc.</li> <li>• Understand the methods and importance of preventing electrical hazards, such as knowledge of transformers, fuses, circuit breakers, double insulation, sockets and safe operation etc.</li> <li>• Understand the code of practice for safe use of electrical appliances</li> <li>• Understand the relationship between electric current, electromagnetic waves, light, mechanical massage and skin care</li> <li>• Understand the functions of general body care equipment, such as galvanic, vacuum suction cups, faradic equipment, high frequency unit, ultrasound, micro-current unit, gyratory vibratory unit, spa capsule, infra-red body slimming capsule, infra-red equipment, magnifier lamps, LED lamps, Ozoner steamer engine. etc.</li> <li>• Understand the application principles, basic structures and functions of various types of body care equipment</li> <li>• Understand the impact of various types of equipment on different parts of the human body, such as skin/ scalp, subcutaneous fat, superficial aponeurotic system, muscles, bones, the circulation system, lymphatic system and nervous system etc.</li> <li>• Master the constraints for the use of various types of body care equipment</li> </ul> <p>2. Use general body care equipment</p> <ul style="list-style-type: none"> <li>• Make preparations for the treatment, including: <ul style="list-style-type: none"> <li>○ Customer consultation</li> <li>○ Explain the nursing procedure to customers</li> <li>○ Pre-treatment skin care</li> <li>○ Carry out skin sensitivity test</li> <li>○ Evaluation before treatment</li> <li>○ Explain the consent form for treatment</li> <li>○ Photo record</li> <li>○ Cleaning of skins, utensils and hands</li> </ul> </li> <li>• Master the operation methods and procedures of various types of body care equipment according to manufacturer guidelines and perform body treatment on the customers according to the instructions</li> <li>• Master the knowledge of safe use of electricity and the way of handling accidents</li> <li>• Observe adverse effects on the customers in the process of treatment, such as skin irritation and inflammation (e.g. redness/swelling/heat/pain/itchy), dizziness, nausea, bruises, chemical burns and muscle cramps and take remedial actions according to established procedures, and refer the customer to the medical staff for follow up and treatment when needed.</li> </ul>

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	<ul style="list-style-type: none"><li>• Perform routine sterile cleaning and maintenance according to manufacturer guidelines</li></ul>
Assessment Criteria	<p>The integrated outcome requirements of this unit of competency are:</p> <ul style="list-style-type: none"><li>• Capable to understand the functions, operation methods and constraints for the use of general body care equipment; and</li><li>• Capable to operate body care equipment properly to perform body treatments on customers according to the instructions and manufacturer guidelines and the code of practice for hygiene and safe use of electricity.</li></ul>
Remark	<p>The credit value of this unit of competency is set on the presumption that the person already possesses the competency of BEZZCN110A "Apply codes of safety for general beauty-related electrical appliances".</p>