

Specification of Competency Standards
for the Beauty and Hairdressing Industry
Unit of Competency

Unit of Competency is applicable across different functional areas

Title	Understanding the mechanism of using aesthetic products with common aesthetic treatments
Code	110390L3
Range	Learn about the mechanism of aesthetic products application in combination with common aesthetic treatments in beauty-related workplaces; choose suitable aesthetic products for customers for skincare before and after the beauty treatment and explain clearly to customers about the correct use of the aesthetic products at beauty-related workplaces.
Level	3
Credit	3 (For Reference Only)
Competency	<p>Performance Requirements</p> <p>1. Common beauty treatments with the use of aesthetic products</p> <ul style="list-style-type: none"> • Know about common aesthetic treatments (including but not limited to laser, HIFU, RF, micro needle, AHA, cryo-induced lipolysis/ laser-induced lipolysis, microcurrent, etc.) with the use of beauty products <ul style="list-style-type: none"> ○ Understand the basic theories of using aesthetic products before performing beauty treatments : <ul style="list-style-type: none"> ▪ Control chronic inflammation ▪ Stabilize skin melanocytes to prevent pigmentation ▪ Restore the maturation cycle of skin stratum corneum ▪ Enhance skin resistance ▪ Enhance skin's ability to restore and secrete own moisture ▪ Stabilize overactive sebum secretion ▪ Explain how whitening ingredients stabilize and reduce the activity of melanocytes by illustrating the process and pathological causes of melanin production in the skin ○ Know about how to refer to and explain the relevant manuals of functional skincare products and cosmeceutical products, and understand the mechanism of their ingredients, such as introducing how bioengineering and bioinformatics catalyse the development of functional skincare products and cosmeceutical products and how to target different types of skin conditions more effectively ○ Understand how to choose the proper aesthetic products to use with the beauty treatment, or choose the suitable beauty equipment for the use of beauty products: <ul style="list-style-type: none"> ▪ Compatibility, such as: The micro-current introduction device is only suitable for high-conductivity serum; Active growth factor, vitamin C may lose its activity in a certain pH environment, etc. ▪ Safety, such as: Traumatic or invasive treatments could only be applied with sterile or disinfected beauty products ▪ Complementary, such as : unsuitable to over-moisturize before laser treatment, unsuitable to use masks with acidic or softening effect after the treatment of AHA ○ Understand the basic theories of using aesthetic products after beauty treatments: <ul style="list-style-type: none"> ▪ Able to relieve inflammation ▪ Stabilize and inhibit skin melanocytes ▪ Facilitate the regeneration of the stratum corneum and skin regeneration, and accelerate the reconstruction of the skin barrier function ▪ Stimulate collagen regeneration ▪ Enhance skin moisture and reduce water loss

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	<ul style="list-style-type: none"> ▪ Stabilize sebum secretion and how to reduce clogged pores • Understand the common side effects of beauty treatments and their causes, such as: Burning sensation, Slight redness <ul style="list-style-type: none"> ○ Understand the skin reactions that may occur after beauty treatments or the corresponding treatment methods and the non-pharmaceutical and (prescribed by qualified person) pharmaceutical ingredients that may be used, such as aloe vera, oatmeal, (medicine) steroids, etc. <p>2. Properly recommend and explain the synergetic effect of aesthetic products</p> <ul style="list-style-type: none"> • Recommend appropriate beauty products to be added to the treatment according to the needs of customers' skin conditions • Capable to clearly explain the effects and possible side effects of the effective ingredients of the aesthetic products for skincare <ul style="list-style-type: none"> ○ Use aesthetic products properly in accordance with the instructions by manufacturer of the beauty products
Assessment Criteria	<p>The integrated outcome requirements of this unit of competency are:</p> <ul style="list-style-type: none"> • Capable to explain how to perform common beauty treatments (including but not limited to laser, HIFU, RF, micro needle, AHA, cryolipolysis/ laser lipolysis, microcurrent, etc.) with the use of aesthetic products; and • Capable to recommend the selection of appropriate aesthetic products for skincare before and after the beauty treatments according to the needs of the current skin conditions of customers.
Remark	<p>The credit value of this unit of competency is set on the presumption that the person already possesses the competency of the following units:</p> <ul style="list-style-type: none"> • 110389L2 [Differentiating types, ingredients, efficacy and mechanism of aesthetic products] • 110391L2 [Using general beauty equipment] • 110392L2 [Using general body care equipment]