

# Specification of Competency Standards of the Beauty Industry

## Unit of Competency

### Functional Area: Beauty Health Care

Title	Analyze customers' needs of in-depth foot reflexology
Code	106903L4
Range	Analyze the needs of in-depth foot reflexology for customers in different situations, and perform in-depth foot reflexology treatments in beauty workplaces providing foot reflexology according to the codes of hygiene and safety.
Level	4
Credit	9
Competency	<p>Performance Requirements</p> <ol style="list-style-type: none"> <li>1. Knowledge of in-depth foot reflexology <ul style="list-style-type: none"> <li>• Understand the pathological changes in human organs and the anomalies found in their responding reflex points</li> <li>• Know about the methods of foot diagnosis, including the four ways of diagnosis: look, listen, question and feel the pulse</li> <li>• Understand the in-depth foot reflexology techniques applicable to common diseases</li> <li>• Understand the concerns, contraindications and restrictions of in-depth foot reflexology</li> </ul> </li> <li>2. Analyze customers' needs of in-depth foot reflexology <ul style="list-style-type: none"> <li>• Observe the appearance of the customers' feet to be massaged</li> <li>• Enquire the medical history of the customers, and the causes, treatment details and current symptoms of diseases that the customers has</li> <li>• Touch the reflex points of the customers to verify the diseases mentioned by the customers</li> <li>• Analyze the customers' needs of in-depth foot reflexology according to the information obtained by the four ways of diagnosis, and explain the expected results</li> <li>• Perform in-depth foot reflexology treatment to the customers according to the codes of hygiene and safety <ul style="list-style-type: none"> <li>• Duration for massage</li> <li>• Frequency of massage</li> <li>• Sequence of massage</li> <li>• Identify primary and secondary reflex points, including fundamental reflex points, symptom reflex points, corresponding reflex points, etc.</li> </ul> </li> </ul> </li> </ol>
Assessment Criteria	<p>The integrated outcome requirements of this unit of competency are:</p> <ul style="list-style-type: none"> <li>• Capable to master the knowledge and techniques of in-depth foot reflexology;</li> <li>• Capable to analyze the customers' needs of in-depth foot reflexology; and</li> <li>• Capable to perform in-depth foot reflexology treatments according to the code of practice for personal and working hygiene to meet customers' requirements.</li> </ul>
Remark	