

Specification of Competency Standards of the Beauty Industry

Unit of Competency

Functional Area: Nail, Hand & Foot Care

Title	Perform basic manicure/ pedicure
Code	106901L2
Range	Perform basic manicure/ pedicure on customers at beauty salons and locations providing nail and hand/foot treatments according to the code of practice for personal and working hygiene.
Level	2
Credit	3
Competency	<p>Performance Requirements</p> <ol style="list-style-type: none"> 1. Knowledge relevant to manicure/ pedicure <ul style="list-style-type: none"> • Understand the process of finger/toe nail growth, including nail formation, growth rate, factors affecting growth, the effects of damage to the nail plate on nail growth,etc. • Understand the shape and structure of finger/toe nails, including nail plate, nail bed, nail root, cuticles, lunula, nail mantle, nail groove, free edge,etc. • Understand nail common problems such as, leuconychia , onycholysis , tinea unguium , pterygium , onychorrhexis , etc. onychomycosis, onychophagy • Understand the types and functions of manicure/ pedicure tools and products <ul style="list-style-type: none"> • Tools: cuticle trimmer, cuticle nippers, nail file, scissors, nail clippers, buffer,etc. • Products: cuticle massage cream, cuticle remover, hand cream, buffing cream, exfoliating cream,etc. 2. Perform basic manicure/ pedicure <ul style="list-style-type: none"> • Make preparations for the treatment, such as: <ul style="list-style-type: none"> • Prepare manicure/ pedicure products • Sterilize the tools • Master manicure/pedicure techniques and perform basic manicure/pedicure according to the customers' nail shape and needs, such as: soaking and cutting nails, removing debris, applying nail polish • Master the correct ways of using manicure/ pedicure tools • Observe adverse effects on the customers in the treatment process, and take remedial actions immediately according to established procedures
Assessment Criteria	<p>The integrated outcome requirements of this unit of competency are:</p> <ul style="list-style-type: none"> • Capable to master manicure/ pedicure techniques and the correct ways of using manicure/ pedicure tools; and • Capable to perform basic manicure/ pedicure according to the code of practice for personal and working hygiene and customer needs.
Remark	